

Steadfastness

related virtues: courage, patience

> **Prayers** – sing, 'O God, educate these children...' and say:

"O Lord my God! Assist Thy loved ones to be firm in Thy Faith, to walk in Thy ways, to be steadfast in Thy Cause. Give them Thy grace to withstand the onslaught of self and passion, to follow the light of divine guidance. Thou art the Powerful, the Gracious, the Self-Subsisting, the Bestower, the Compassionate, the Almighty, the All-Bountiful."

`Abdu'l-Bahá in Bahá'í Prayers, pp. 163-164

> **Quote** – read, explain and memorise it.

"Make firm our steps, O Lord, in Thy path and strengthen Thou our hearts in Thine obedience." 'Abdu'l-Bahá

(Lay footprint poster on the floor for children to step on and learn the quote with each step they take... see attachment)

> **Craft / Activity**

make human **pyramids** → *need good strong, steadfast foundation so people on top don't topple down*

draw around our own feet/shoes and cut out **footprints** - paint and decorate them as a reminder, to be steadfast

→ *being steadfast also means doing the right thing when others don't. It's ok to 'stand up' for what is right and of God, to follow the virtues with which He has endowed us, even if people around us don't always use/show them.*

> **Story**

Hazel's Amazing Mother, by Rosemary Wells

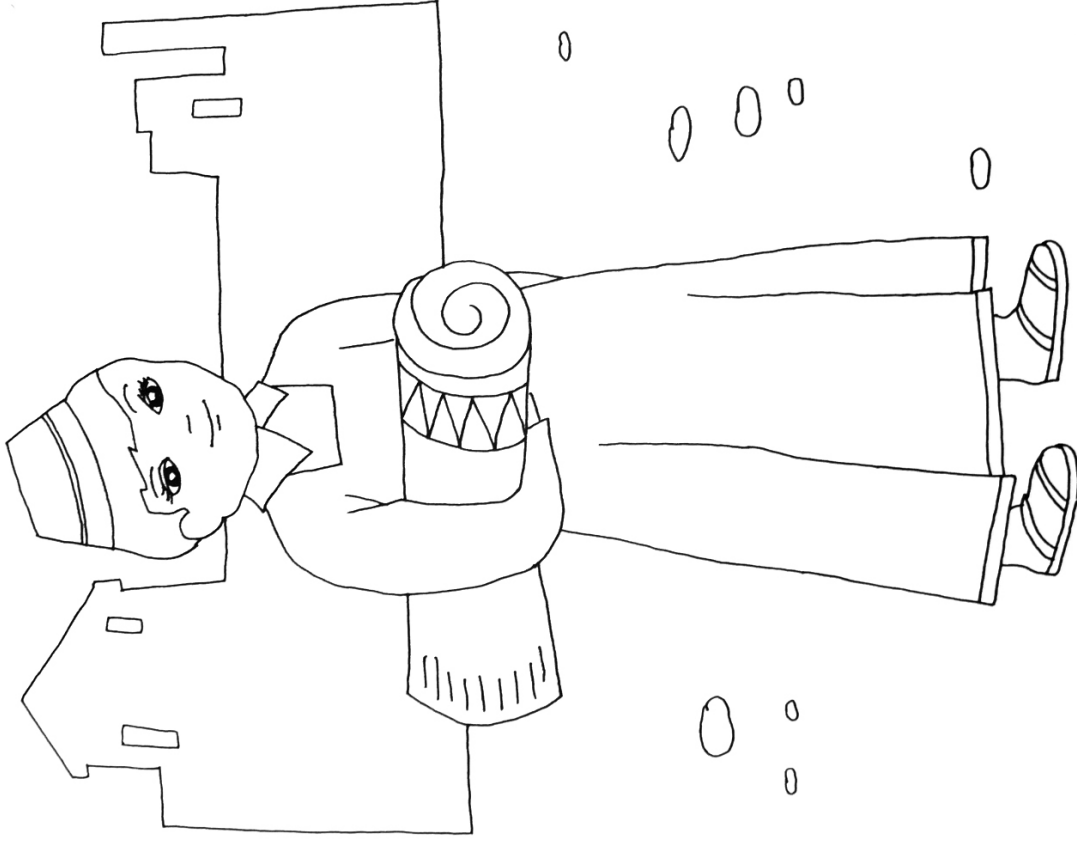
When Hazel and her beloved doll Eleanor are set upon by bullies, Hazel's mother comes to the rescue in a surprising way' (Hazel's mom is a mom that is dependable. Whenever, Hazel needs her, she is there. It is a humorous and comforting book. . In real life mothers cannot just blow in when needed. This could lead to a discussion of how kids can get their needs met even when their parents can't be miraculous. What resources can the child rely and depend on? How in turn can a child be dependable, steadfast in doing what is being asked of him or her.)

or

use elements from "The Virtues Guide" (ISBN 0-9697634-0-0), p237 on Steadfastness, discuss what Steadfastness means, how to practice it, what it looks like when we are steadfast, what it looks like when we need more practice...

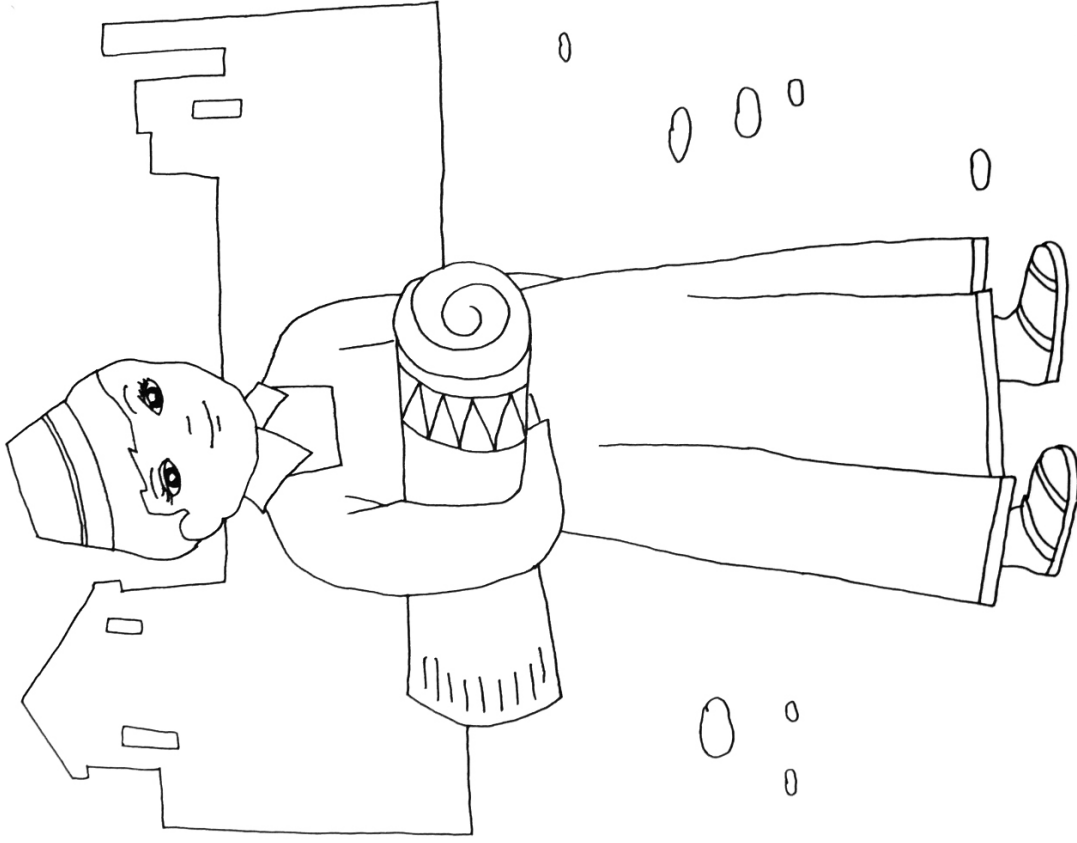
> **Colour in** lesson picture

> clean up



“Make firm our steps, O Lord, in Thy path and
strengthen Thou our hearts in Thine obedience.”

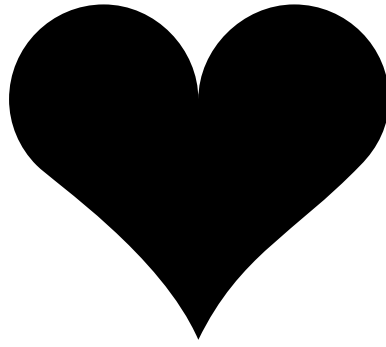
—‘Abdu’l-Bahá



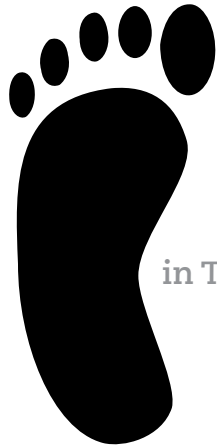
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—‘Abdu’l-Bahá

Poster for the floor where children step
on to learn quote for today's lesson



and strengthen Thou our
hearts in Thine obedience



in Thy path



O Lord,



our steps



Make firm