

Trust in God

> **Prayers** “O God, educate these children” & sing “E Te Atua”

> **Song**

Stefan Brown - “Trust” (*The Angelic Way, Virtues to Music CD*)

> **Quote** – read, explain and memorise it.

“Put your trust in God, and commit your affairs to His keeping.” –Bahá'u'lláh
(learn it by singing it – see ‘song’ above)

In the previous 14 lessons we have learnt, that we need to acquire virtues (let children name some of them) and strive to polish our characters every day. To focus on the good in every human being and work towards a better world for us all.

Now Bahá'u'lláh gives us another tool/key to make all this happen. To trust in God and giving our affairs into his keeping. Why do you think this will help us? Maybe, because we then don't have to worry...? We'll know that God's 'got our back' and we only need to look forward and concentrate on making every day a little better than the last one...?

How do we do that “putting our trust in God”? Maybe through prayer?

> **Craft** – make a little heart shaped shield, with a prayer in it, that will remind us to put our trust in God.

Photocopy/print the next page, let children cut the ‘shield’ out and stick it on card/coloured paper, decorate it. A simple triangle frame stand could be attached to the back, so the children can keep it on their night tables.

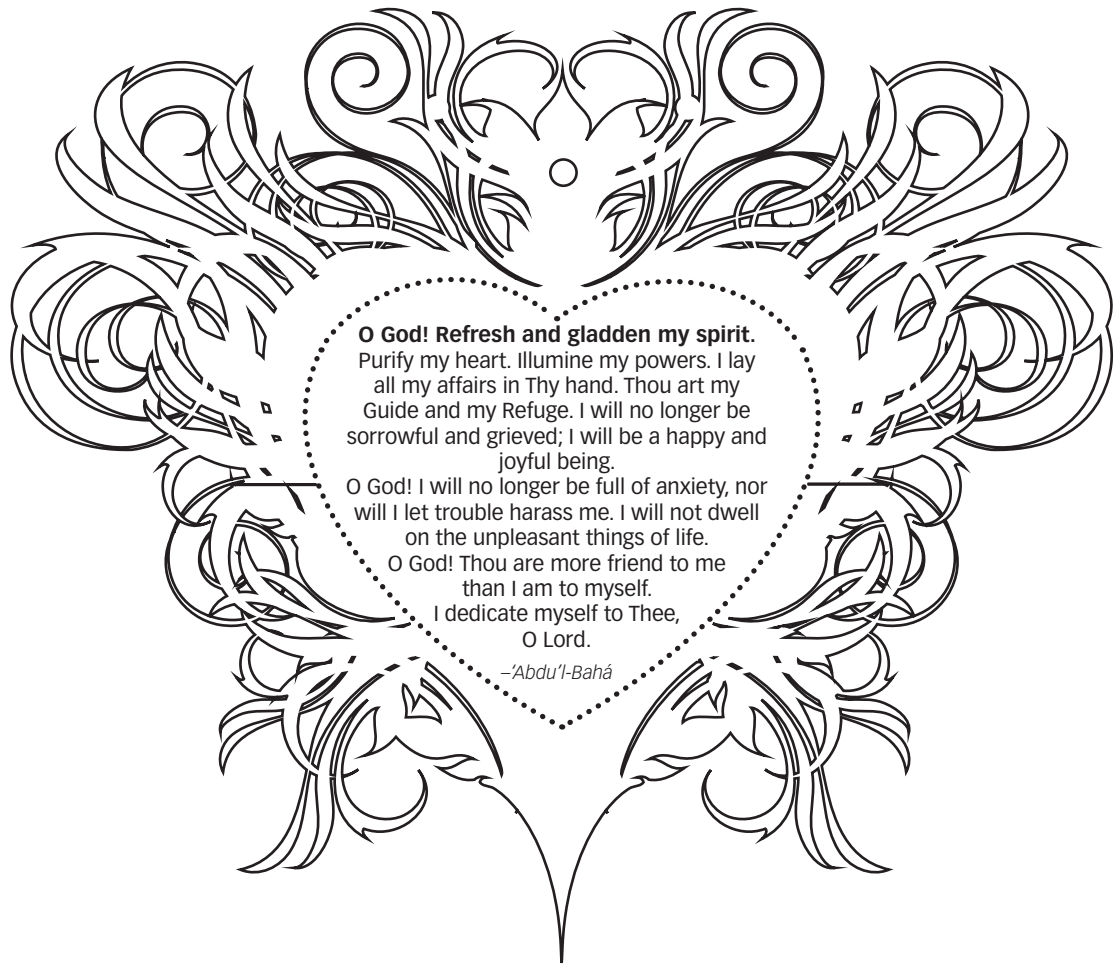
Encourage them to learn this prayer by heart and say it every day.

> **Story** – Ruhi Book 3, p49 - 50, Sina and his son Habib

> **Colour in** lesson picture

use scanned image from Ruhi book attached

> clean up



O God! Refresh and gladden my spirit.

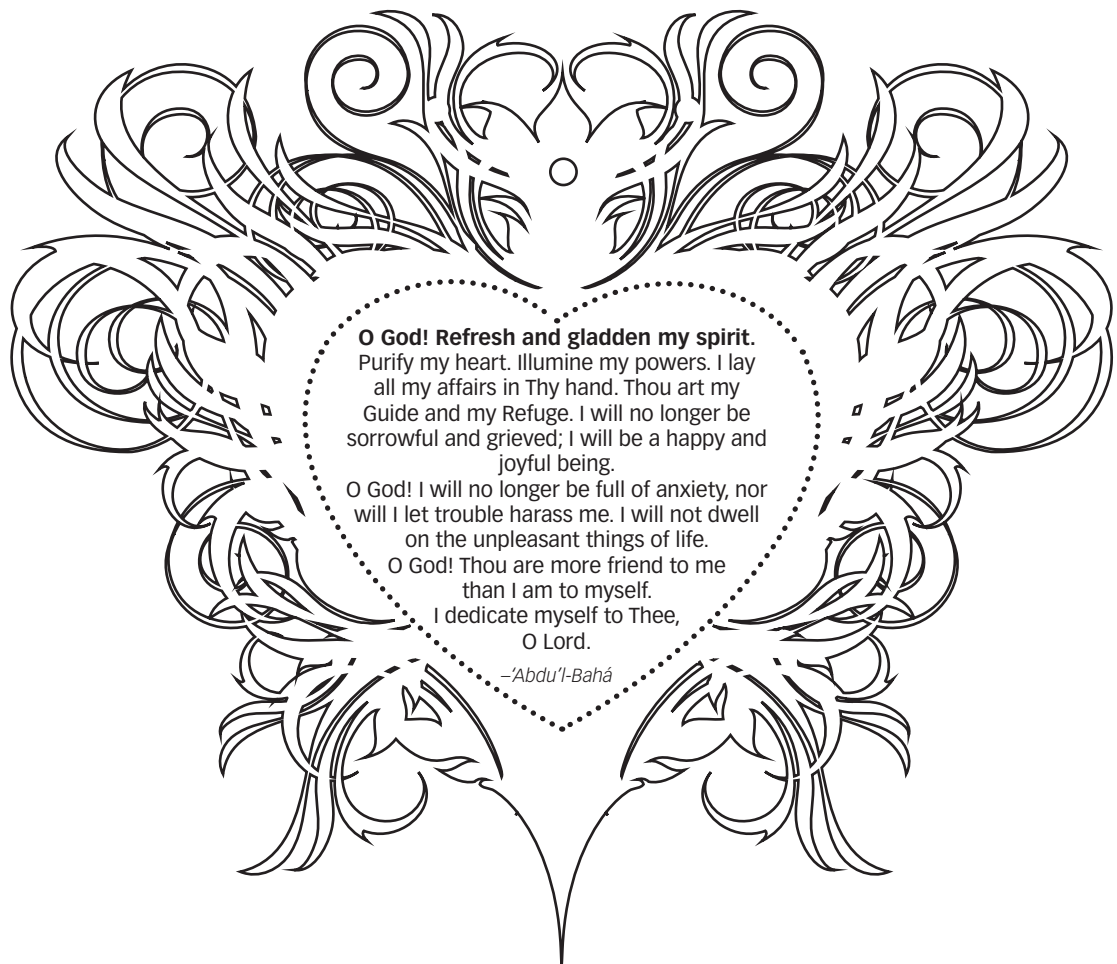
Purify my heart. illumine my powers. I lay
all my affairs in Thy hand. Thou art my
Guide and my Refuge. I will no longer be
sorrowful and grieved; I will be a happy and
joyful being.

O God! I will no longer be full of anxiety, nor
will I let trouble harass me. I will not dwell
on the unpleasant things of life.

O God! Thou are more friend to me
than I am to myself.

I dedicate myself to Thee,
O Lord.

—Abdu'l-Bahá



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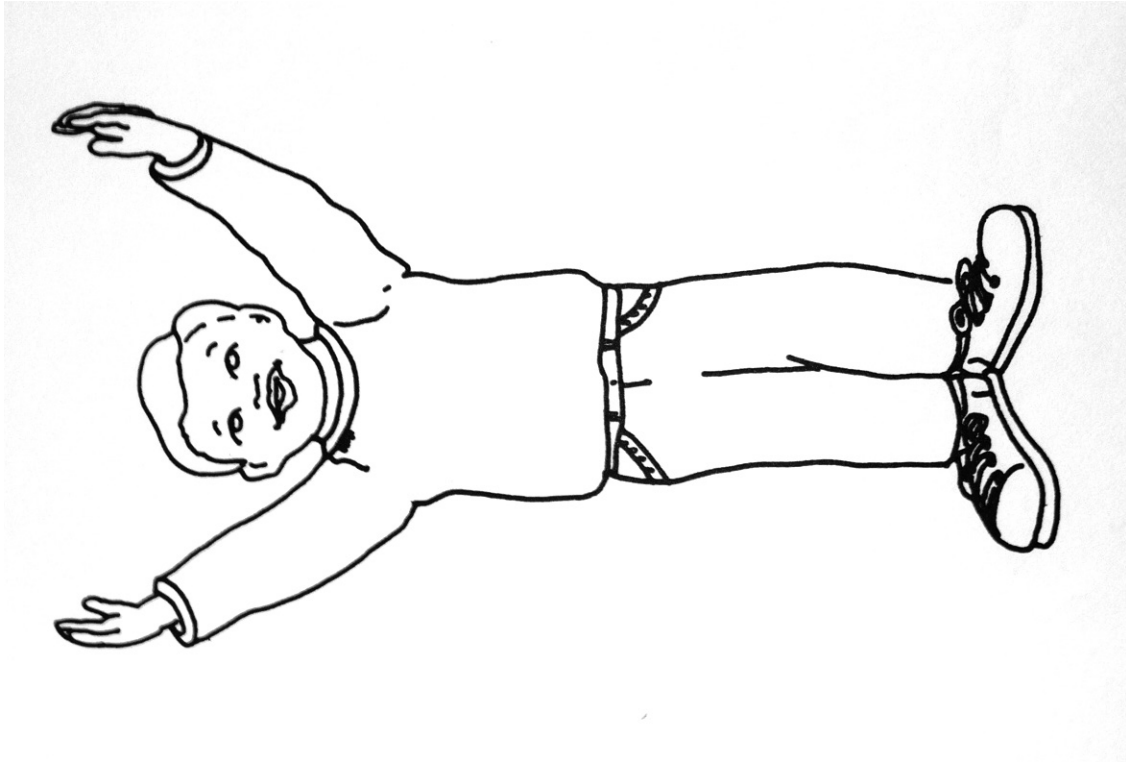
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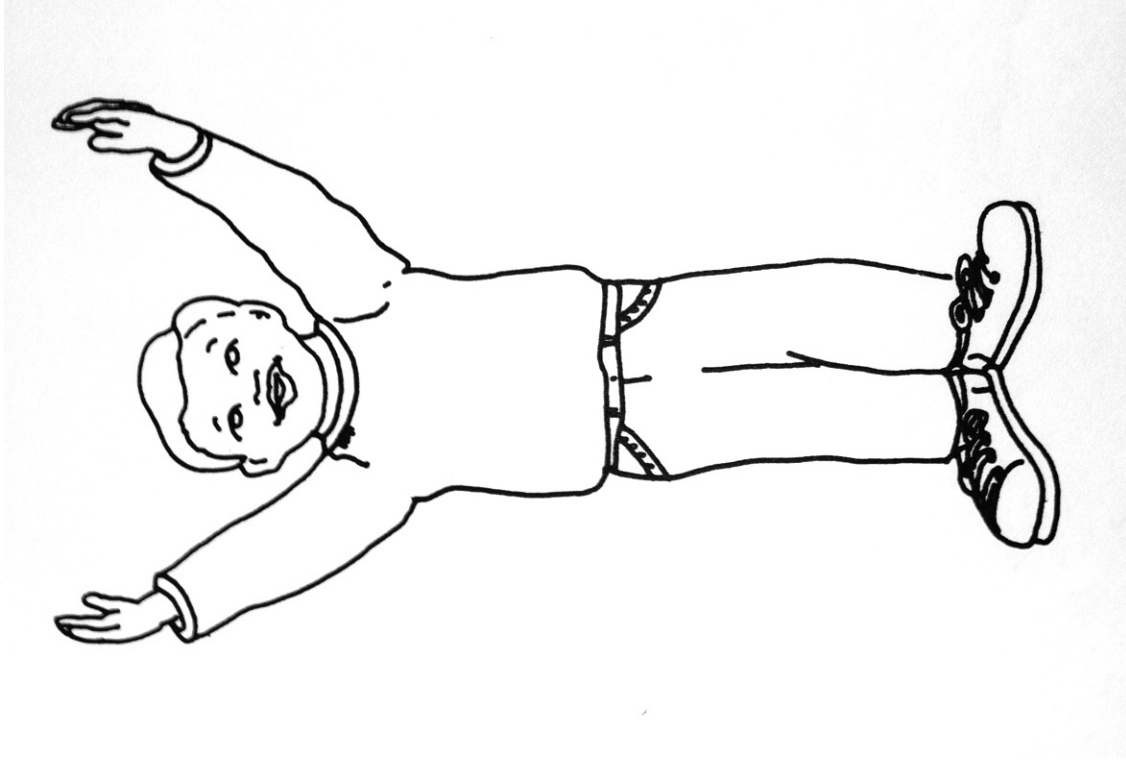
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